

# SURGICAL WEIGHT LOSS CENTRE

## Change Your Life Story

Obesity is a chronic disease that can severely affect your quality of life. It is a condition that impacts you physically, socially and emotionally. Simple tasks like walking or climbing stairs can leave you exhausted. Feelings of loneliness and isolation are not uncommon and many sufferers experience anxiety and depression.

**For confidential obligation-free information,  
contact us at:**



07 5556 8888



[www.surgicalweightlosscentre.com.au](http://www.surgicalweightlosscentre.com.au)



[info@surgicalweightlosscentre.com.au](mailto:info@surgicalweightlosscentre.com.au)



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29 Carrara St, Benowa Q 4217



Monday to Thursday: 8:30 – 5pm  
Friday: 8:30am – 1pm

# Take Action

You are in control of your future. This is a big step towards improving your life and we understand how daunting that can be. It's important to be informed and ask questions.

## We Are Here To Help

At the Surgical Weight Loss Centre, we know that weight loss surgery is about more than just surgery.

Our proven approach delivers superior, safe, sustained weight loss.

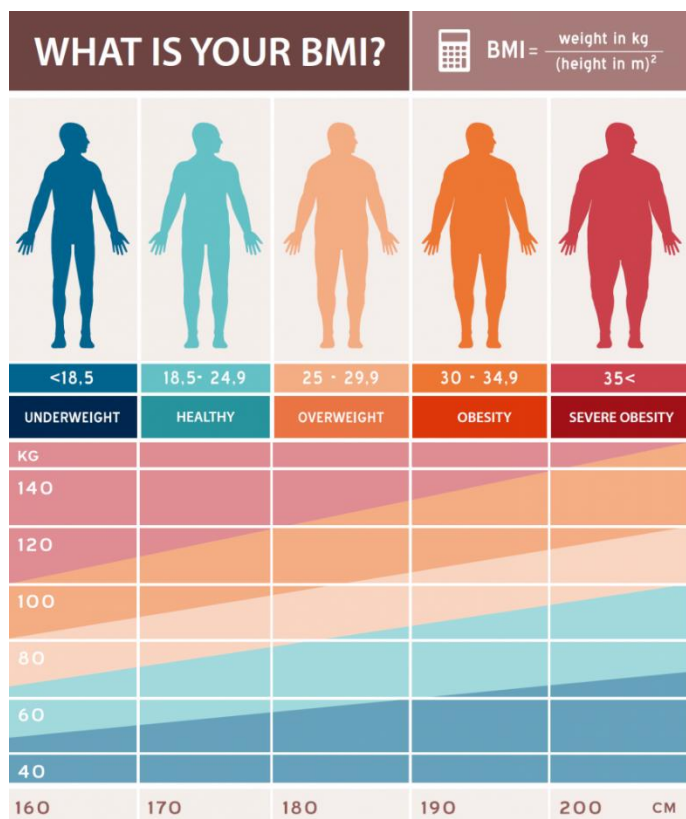
Successful weight loss surgery starts with selecting the right procedure for your specific weight loss needs and then performing it with the utmost care and safety. Having the right information and timely support will help you to obtain the best results on your weight loss journey.

Dr Jordaan has established a strong multidisciplinary team of specially trained anaesthetists, physicians, nurses, dietitians and psychologists to ensure you are well prepared for surgery, and to maximise your long-term weight loss.

It is important to understand that obesity is a chronic disease.

It is a genuine medical condition.

## Do I have obesity?



- If your BMI is between 25 and 30, you are overweight
- If your BMI is above 30, you have obesity
- If your BMI is above 35, you have severe obesity

**Obesity is a disease to overcome. It is not part of your identity.**

Research shows that behaviour is not the sole determinant of obesity, which explains why lifestyle changes, including diet and exercise, can be ineffective.

*Bariatric surgery has been shown to be the most effective method of achieving long-term sustained weight loss.*

# Am I a candidate?

*Weight loss surgery may be suitable for you if:*

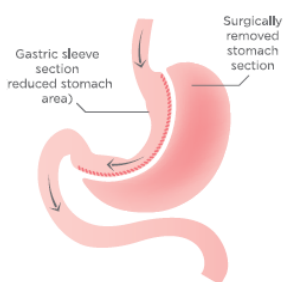
- Your BMI is 30 and above and you have poorly controlled diabetes with an increased cardiovascular risk
- Your BMI is 35 and above and you have obesity-related health complications
- Your BMI is 40 and above, regardless of your health

At the Surgical Weight Loss Centre, our most commonly performed procedures are:

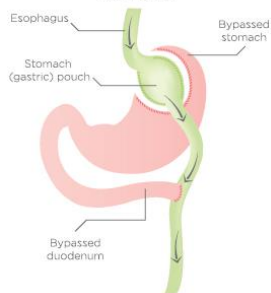
- *Sleeve Gastrectomy*
- *Gastric Bypass*
- *Gastric Banding*
- *SIPS - SADI*



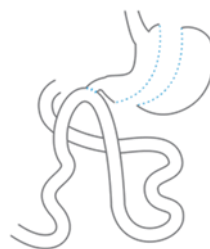
**SLEEVE GASTRECTOMY**  
WEIGHT LOSS SURGERY



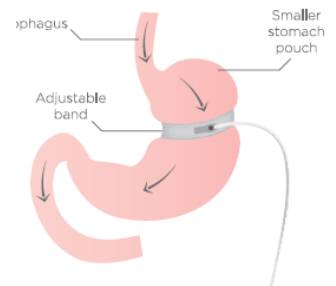
**GASTRIC BYPASS SURGERY**



**SIPS - SLEEVE WITH BYPASS**



**GASTRIC BAND SURGERY**



No one procedure is right for everybody.  
We tailor the treatment to your needs.





## How does it work?

Weight loss procedures work by limiting the amount of food you can eat through portion control and hunger control.

By changing your anatomy, you will feel full after smaller meals. Your digestive system will also process fatty and sugary foods differently, often resulting in reduced cravings.

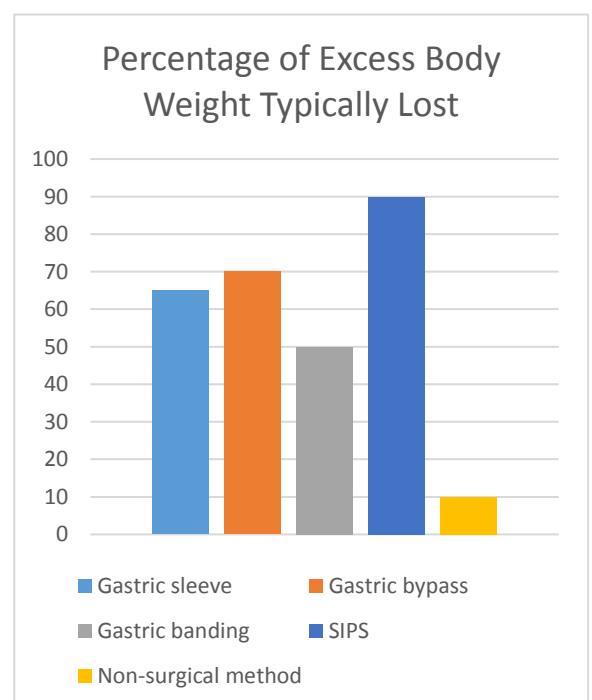
With some procedures, you will also absorb fewer calories from your meals.

## How much weight can I expect to lose?

That depends on which surgery is right for you.

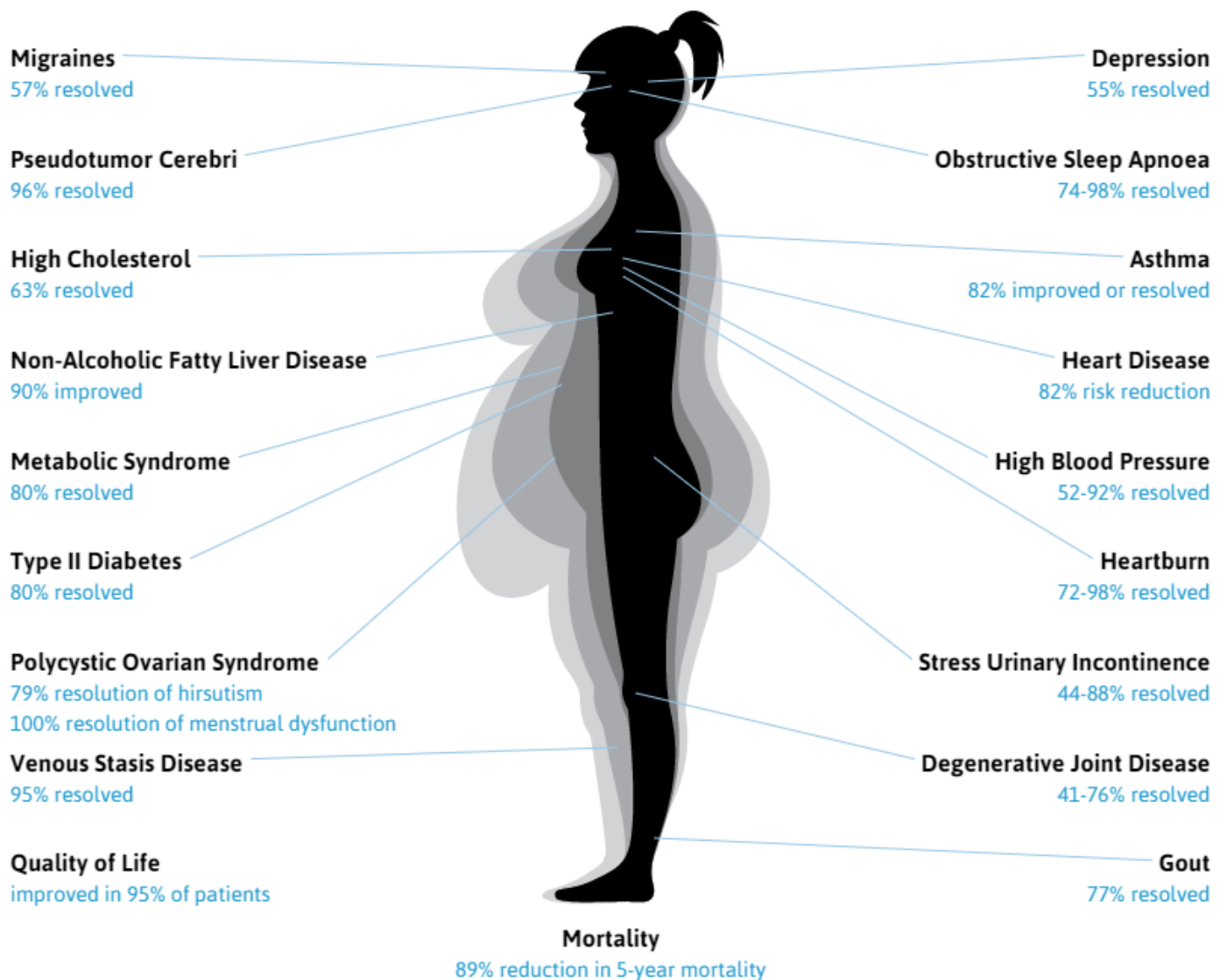
With the right motivation and support, our patients have lost up to 100% of their excess weight.

By comparison, non-surgical weight loss options typically result in weight loss of less than 10% of initial weight.



# The benefits of surgery extend far beyond weight loss

Weight loss procedures effectively treat and prevent weight-related health complications. In some cases, conditions are completely resolved.





# Meet Your Surgeon

Dr Jordaan is an Upper Gastrointestinal Surgeon who subspecialises in minimally invasive bariatric surgery. With over 25 years of surgical experience, he has performed many thousands of gastrointestinal procedures.




He is professionally known for his meticulous surgical technique and attention to detail, exceptionally low complication rate and ethical conduct.

He strives to provide excellent surgical care whilst maintaining a friendly, informal patient-doctor relationship.

Dr Jordaan has established a strong team of specially trained bariatric anaesthetists, physicians, nurses, dietitians and clinical psychologist

SURGICAL  
WEIGHT LOSS  
CENTRE

who work together to identify the specific issues that have prevented you from achieving your weight loss goals to date, and to help you eat less, move more for a healthier, happier you.



Come and see us at the Surgical Weight Loss Centre to start changing your life today.