

NAME: DR | MR | MRS | MS | MISS (please circle)

SURNAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

KNOWN AS: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ MARITAL STATUS: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: (H): \_\_\_\_\_ (B): \_\_\_\_\_ (M): \_\_\_\_\_

EMAIL: \_\_\_\_\_

NEXT OF KIN: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

THEIR CONTACT NO.: \_\_\_\_\_

PRIVATE HEALTH FUND: (NAME) \_\_\_\_\_ (NUMBER): \_\_\_\_\_

LEVEL OF COVER (IF KNOWN) \_\_\_\_\_

HAS THIS LEVEL OF COVER CHANGED WITHIN THE LAST 12 MONTHS? YES NO

MEDICARE NUMBER: \_\_\_\_\_ REF NO.: \_\_\_\_\_ EXP: \_\_\_\_\_

VET AFFAIRS NO.: \_\_\_\_\_

WHO IS YOUR REFERRING DOCTOR? \_\_\_\_\_

WHO IS YOUR USUAL GP? \_\_\_\_\_

WHO ARE THE SPECIALISTS INVOLVED IN YOUR HEALTH CARE?

\_\_\_\_\_

How did you hear about us? \_\_\_\_\_

#### ACCOUNT STRUCTURE:

I understand that I am responsible for the payment of my accounts with Dr Jacobus F Jordaan. I understand that Dr Jordaan charges AMA rates. If I have an operation, I am aware that there may be out of pocket expenses involved after claim has been made through Medicare and my Health Fund. *PLEASE NOTE: IF YOU REQUIRE SURGERY, THERE MAY BE OUT OF POCKET EXPENSES FOR PATHOLOGY AND RADIOLOGY WHILE IN HOSPITAL.*

#### DISCLOSURE CONSENT:

I consent to the disclosure to medical/specialist practitioners, allied health practitioners and institutions who may require information about my medical history but only to the extent necessary to assess/treat the particular condition that I have consulted the medical/specialist practitioner about. I understand an identification photograph will be taken which forms part my medical record. I understand I can retract this consent at any time upon written advice to my medical/specialist practitioner. I agree to the above Account Structure and Disclosure Consent.

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_

## INITIAL APPOINTMENT QUESTIONNAIRE

Please take your time to complete this questionnaire. The information you provide in your answers is important - it will help us tailor your treatment to your unique circumstances.

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_

### MEDICATIONS

What medications are you currently taking? (Includes pain killers or occasional medication)

Medication	Dose	Frequency	Reason
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Have you recently had any medication changes? \_\_\_\_\_

Do you take any of the following medications? PLEASE CIRCLE ANY YOU DO TAKE

Aspirin	Clopidogrel	Plavix	Iscover	Warfarin	Xarelto
Cortisone	Steroids	Anti-inflammatories			
Fish Oil	Krill Oil	Garlic tablets	Ginko supplements		

Do you have any allergies? YES NO

If yes, please list the allergen and your reaction:

### INSURANCE INFORMATION

Do you have private health insurance?	YES	NO
Does your private health fund cover bariatric surgery?	UNSURE	YES NO
Do you intend to access your Superannuation for payment of surgery?	YES	NO
If yes, will you be applying for total surgery amount of for the GAP?	YES	NO

### TELL US ABOUT YOUR WEIGHT LOSS HISTORY

Since what age have you been overweight? \_\_\_\_\_

What is the most you have weighed in the last 10 years? \_\_\_\_\_

What is the least you have weighed in the last 10 years? \_\_\_\_\_

Please list the weight loss programs you have tried in the past:

Year	Program type	Weight loss (kg)
_____	_____	_____
_____	_____	_____
_____	_____	_____

Have you ever taken a weight loss medications? YES NO

Medication name \_\_\_\_\_ For how long? \_\_\_\_\_

Weight loss (kg): \_\_\_\_\_

Have you had any weight loss operations in the past? YES NO  
Operation \_\_\_\_\_  
Surgeon \_\_\_\_\_  
Date of Surgery \_\_\_\_\_ Weight loss (kg): \_\_\_\_\_

## DO YOU HAVE ANY OF THE FOLLOWING WEIGHT-RELATED MEDICAL CONDITIONS?

**Type 2 Diabetes:** YES NO  
When were you diagnosed? \_\_\_\_\_  
Is this well managed/controlled? YES NO  
Do you see a specialist regarding this? \_\_\_\_\_  
How regularly are your bloods checked? \_\_\_\_\_

**Hypertension:** YES NO  
When were you diagnosed? \_\_\_\_\_  
Is this controlled/managed? \_\_\_\_\_  
How often is it checked? \_\_\_\_\_  
Do you see a renal physician, specialist or GP in regards to this? \_\_\_\_\_

**Obstructive Sleep Apnea:** YES NO  
Have you ever undergone a sleep study? YES NO  
Do you have a CPAP mask? YES NO  
If yes, how often do you use it? \_\_\_\_\_  
Who is your respiratory physician? \_\_\_\_\_

**Osteo-arthritis:** YES NO  
If yes, which joints are most affected? \_\_\_\_\_

**Chronic back pain:** YES NO

## Respiratory conditions:

COPD	YES	NO
Asthma	YES	NO
Chronic CO2 Retention (hypoventilation syndrome)	YES	NO
Do you take inhalers/ Steroids	YES	NO
Do you ever get shortness of breath?	YES	NO

## TELL US ABOUT YOUR DIGESTIVE HEALTH

Do you have acid-reflux or heartburn? YES NO

If yes, do you need to take anti-reflux medications? YES NO

Reflux medications and frequency (if not already listed):  
\_\_\_\_\_

Do you experience any reflux symptoms even after taking this medication? YES NO

If yes, how often? \_\_\_\_\_

How long can you go without medication before your symptoms recur? \_\_\_\_\_

Do you take any medication on a "need to" basis for reflux or indigestion? YES NO

Have you ever undergone investigations for abdominal pain? YES NO

<i>Investigation</i>	<i>Date</i>	<i>Outcome</i>
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\_\_\_\_\_

\_\_\_\_\_

Do you ever experience abdominal pain or cramping, especially after meals? YES NO

If yes, how often? \_\_\_\_\_

When did you last experience it? \_\_\_\_\_

Have you ever been diagnosed with gallstones? YES NO

Has your gallbladder been removed? YES NO

How would you describe your bowel habits?

REGULAR PRONE TO CONSTIPATION PRONE TO DIARRHEA ERRATIC

## TELL US ABOUT YOUR HEART HEALTH

Have you ever been diagnosed with a cardiac condition? YES NO

Have you ever seen a cardiologist? YES NO

If yes, name of cardiologist: \_\_\_\_\_

Date of first visit: \_\_\_\_\_

Date of last visit: \_\_\_\_\_

Have you ever had a coronary angiogram? YES NO

Do you have a coronary stent/s? YES NO

Have you ever had a coronary angiogram? YES NO

Do you have atrial fibrillation or any form of palpitations? YES NO

Do you have high cholesterol? YES NO

Do you have a family history of heart disease? YES NO

## TELL US ABOUT YOUR SURGICAL HISTORY

Have you had any operations in the past, apart from weight-loss surgery? YES NO

*Operation*

*Date*

_____	_____
_____	_____
_____	_____

## TELL US ABOUT YOUR MEDICAL HISTORY

Have you had a blood clot, e.g., deep vein thrombosis (DVT) or pulmonary embolus? YES NO

If yes, when and where? \_\_\_\_\_

What treatment have you/are you undergoing for this? (anticoagulants etc.)

Was the cause of this identified? \_\_\_\_\_

Do you have a family history of blood clotting or bleeding disorders? YES NO

Have you ever had excessive bleeding during or after surgery in the past? YES NO

If yes, when and where? \_\_\_\_\_

Do you have any other medical conditions not already outlined in this questionnaire? YES NO

If yes, please list: \_\_\_\_\_

Do you see any other specialists not already listed? YES NO

If so, who and why? \_\_\_\_\_

Do you take any supplements? YES NO

If yes, please list and explain what for:

\_\_\_\_\_  
\_\_\_\_\_

## TELL US ABOUT YOUR SMOKING & ALCOHOL HISTORY

Do you currently smoke? YES NO

Have you smoked in the past? YES NO

If yes, how old were you when you started and stopped? \_\_\_\_\_

How many do/did you smoke per day? \_\_\_\_\_

Have you ever used recreational drugs? YES NO

How many alcoholic drinks do you have a week? \_\_\_\_\_

Are you taking any other medications not already outlined in this questionnaire? YES NO

If yes, please list and explain why you take them:

\_\_\_\_\_  
\_\_\_\_\_

## TELL US ABOUT YOUR PSYCHOLOGICAL HISTORY

Do you currently see a psychologist?	YES	NO
Have you seen a psychologist in the past?	YES	NO
Do you currently see a psychiatrist?	YES	NO
Have you seen a psychiatrist in the past?	YES	NO
Have you ever been admitted to a mental health facility?	YES	NO
Do you take any medication for mental health conditions?	If yes, please list:	

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Do you have any home help?	YES	NO
Can you drive?	YES	NO
Do you have limitations in daily life?	YES	NO
If so, what type?	_____	

## TELL US ABOUT YOU

What do you do for a living? \_\_\_\_\_

What do you enjoy doing? \_\_\_\_\_

Do you have a significant other? \_\_\_\_\_

Do they support your decision to undertake bariatric surgery?	YES	NO
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